



Perform with Power



You're not just going to present your presentation. You're going to perform it! Presenting can be boring, but a performance is always exciting.

When you perform, both you and your audience have more fun. In addition, performances tend to be powerful and memorable. Just think. Which do you remember more easily: a movie you watched in high school or a lecture from one of your high school teachers? Most likely, you remember the movie more easily.

In this step, you will learn how to perform your presentation powerfully, memorably, and confidently!

In this step, you will learn about:

**Body
Language**

**Vocal
Variety**

**Audience
Management**





Guiding Questions

How do I
best use the
stage?

How can I
use my voice
effectively?

When and
how should
I gesture?

Key Terms



Body Language “Body Language” is how you communicate with the audience using your body.

Great body language can make a presenter seem enthusiastic.



Rhetorical Questions “Rhetorical questions” ask the audience to think.

You can ask rhetorical questions when you want your audience to think about something.



Stage Use “Stage use” means where you stand and when you move during your presentation.

Experienced presenters know that effective stage use can make their presentation more interesting.



PEGS Posture, Eye Contact, Gestures, Smile.

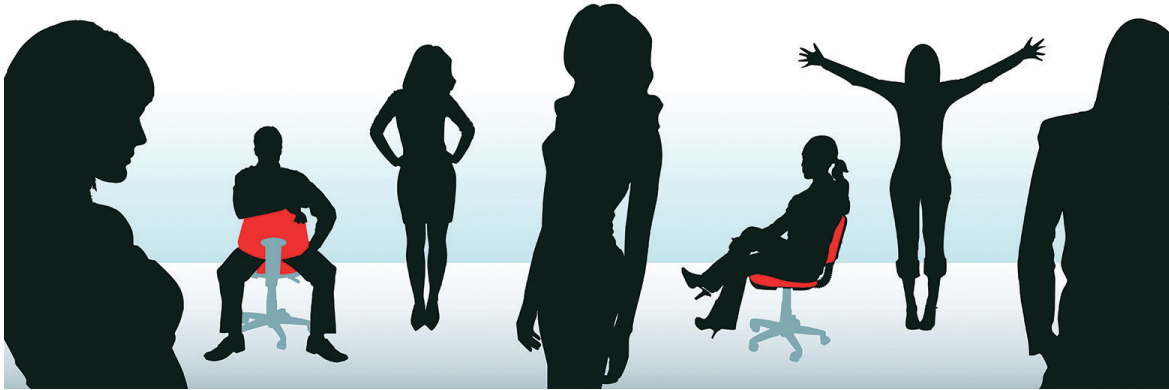
The key to confidence is using PEGS when you interact with the audience.



Vocal Variety “Vocal variety” includes the volume, pacing, and intonation of your voice.

A presenter who knows when to pause and when to speak quickly has good vocal variety.

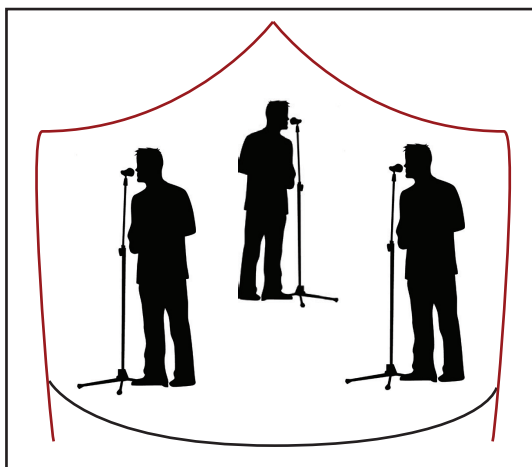
Section 1 **Body Language**



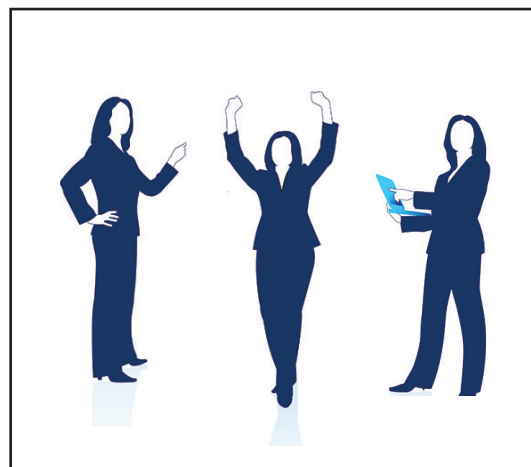
Benefits of Body Language

Body language plays an important role in your presentation. First, strong body language helps you to show confidence. Strong body language also helps to keep your audience engaged. It's boring to watch a presenter who never moves. Finally, strong body language can help your audience to better understand the words you're saying. This adds meaning and emphasis to your presentation. You will learn about two areas of body language:

Stage Use



Gestures


STEP 1

 Motivate with
Your Message

STEP 2

 Purposeful
Planning

STEP 3

 Research and
Support

STEP 4

 Dynamic
Design

STEP 5

 Perform with
Power

STEP 6

 From Uncertain
to Unstoppable

Stage Use

No matter the size of your stage, use it! Just make sure you use it deliberately. Why? Stage movement can be your friend or enemy.

When you move deliberately, you will...

- Feel calmer
- Engage your audience
- Show confidence
- Visually organize your speech

When you move without purpose, you will...

- Block your visuals
- Distract your audience
- Look nervous
- Seem disorganized and unprepared

How do you move deliberately? Move when you change ideas. Usually, people change ideas when they transition to the next section of their presentation. You have five sections in your presentation: the introduction, body 1, body 2, body 3, and the conclusion. This means you should move four times.

